

NUTRITIONAL INFORMATION

	Calories	Cal. from Fat	Total Fat	Sat. Fat	Cholesterol	Sodium	Tot Carbs	Sugars	Fiber	Protein
Almond Mocha (S)	160	60	7	4	25	90	19	9	0	7
Almond Mocha (M)	230	70	8	4.5	30	115	32	18	0	8
Almond Mocha (L)	280	80	9	5	30	140	44	44	0	9
Almond Mocha Blended (Med)	350	100	7	7	1	210	69	47	0	4
Almond Mocha Blended (BK)	600	100	12	12	5	350	118	82	0.	82
Americano (S)	5	0	0	0	0	15	0	0	0	0
Americano (M)	5	0	0	0	0	15	0	0	0	0
Americano (L)	5	0	0	0	0	15	0	0	0	0
Bad Ass Mocha (S)	200	60	7	4.5	25	110	28	16	0	7
Bad Ass Mocha (M)	260	70	9	5	30	140	38	23	0	9
Bad Ass Mocha (L)	320	80	11	7	30	180	52	33	0	10
Bad Ass Mocha SF (S)	120	60	6	3.5	25	80	10	0	0	7
Bad Ass Mocha SF (M)	150	70	8	4.5	30	100	12	0	0	8
Bad Ass Mocha SF (L)	170	70	8	5	30	120	15	0	0	9
Bad Ass Mocha SF (BK)	240	110	12	7	45	160	20	0	0	12
Bad Ass Frozen Mocha (M)	360	180	8	8	0	220	69	47	0	4
Bad Ass Frozen Mocha (BK)	600	300	13	13	0	370	115	79	0	6
Black Forest (S)	170	60	7	4	25	90	23	12	0	7
Black Forest (M)	230	70	8	4.5	30	115	34	21	0	8
Black Forest (L)	290	80	9	5	30	140	45	29	0	9
Black Forest Blended (M)	360	180	7	7	0	210	72	50	0	4
Black Forest Blended (BK)	620	310	7	7	0	350	123	87	0	6
Brewed Coffee (S)	5	0	0	0	0	5	0	0	0	0
Brewed Coffee (M)	5	0	0	0	0	5	0	0	0	0
Brewed Coffee (L)	5	0	0	0	0	5	0	0	0.	0
Café Latte (S)	120	60	6	3.5	25	80	10	0	0	7
Café Latte (M)	150	70	8	4.5	30	100	12	0	0	8
Café Latte (L)	170	70	8	5	30	120	15	0	0.	9
Café Au Lait (S)	60	20	2.5	1.5	5	60	7	0	0	2
Café Au Lait (M)	80	30	3.5	2	10	80	10	0	0	3
Café Au Lait (L)	110	40	4.5	2.5	15	105	13	0	0	4
Cappuccino (S)	120	60	6	3.5	25	80	10	0	0	7
Cappuccino (M)	150	70	8	4.5	30	95	12	0	0	8
Cappuccino (L)	160	70	8	5	30	115	14	0	0	8
Caramel Kreme de Kona (S)	220	60	8	5	25	110	30	18	0	7
Caramel Kreme de Kona (M)	330	70	11	7	35	160	48	33	0	8
Caramel Kreme de Kona (L)	410	80	13	8	40	200	64	45	0	9
Caramel Kreme de Kona Blended (M)	370	0	8	8	0	230	72	50	0	4
Caramel Kreme de Kona Blended (BK)	590	5	13	13	0	370	114	78	0	6
Caramel Vanilla Latte (S)	190	60	7	4	30	105	24	14	0	7
Caramel Vanilla Latte (M)	290	80	9	5	35	150	41	29	0	8
Caramel Vanilla Latte (L)	370	90	10	6	45	190	57	42	0	9
Caramel Vanilla Latte Blended (M)	340	0	7	7	0	220	66	44	0	4
Caramel Vanilla Latte Blended (BK)	580	0	13	13	0	370	112	76	0	6
Caramel Wave (S)	170	60	7	7	25	95	21	11	0	7
Caramel Wave (M)	250	70	8	5	35	125	35	22	0	18
Caramel Wave (L)	320	80	9	6	40	160	48	33	0	9
Caramel Wave Blended (M)	340	0	7	7	0	210	66	44	0	4
Caramel Wave Blended (BK)	550	0	12	12	0	350	106	70	0	6
Chocolate Cherry Cordial (S)	170	60	6	3.5	25	80	21	11	0	7
Chocolate Cherry Cordial (M)	230	70	8	4.5	30	100	34	22	0	8
Chocolate Cherry Cordial (L)	300	70	8	5	30	120	47	33	0	9
Chocolate Cherry Cordial Blended (M)	360	0	7	7	0	200	72	50	0	4
Chocolate Cherry Cordial Blended (BK)	590	0	12	12	0	340	117	81	0	6
Coconut Mocha (S)	160	60	7	4	25	90	19	9	0	7

NUTRITIONAL INFORMATION

	Calories	Cal. from Fat	Total Fat	Sat. Fat	Cholesterol	Sodium	Tot Carbs	Sugars	Fiber	Protein
Coconut Mocha (M)	220	70	8	4.5	30	115	31	18	0	8
Coconut Mocha (L)	270	80	9	5	30	140	40	24	0	9
Coconut Mocha Blended (M)	360	0	7	7	0	220	72	50	0	4
Coconut Mocha Blended (BK)	600	0	12	12	0	350	118	82	0	6
Creмоса (M)	290	30	3.5	2	10	20	65	65	0	<1
Creмоса (BK)	490	45	5	3	15	30	111	111	0	<1
Eye Opener (M)	10	0	0	0	0	20	0	0	0	0
Eye Opener (L)	20	0	0	0	0	25	0	0	0	0
Flavored Iced Tea (M)	70	0	0	0	0	10	17	17	0	0
Flavored Iced Tea (BK)	90	0	0	0	0	10	23	23	0	0
Grasshopper (S)	160	60	7	4	25	90	19	9	0	7
Grasshopper (M)	220	70	8	4.5	30	115	31	18	0	8
Grasshopper (L)	250	70	8	5	30	135	39	24	0	8
Grasshopper Blended (M)	350	0	7	7	0	210	69	47	0	4
Grasshopper Blended (BK)	600	0	12	12	0	360	118	82	0	6
Haole's Menehune (S)	170	60	7	4.5	25	90	20	9	0	7
Haole's Menehune (M)	240	70	10	6	30	115	32	18	0	8
Haole's Menehune (L)	320	70	11	7	30	140	47	30	0	9
Haole's Menehune Blended (M)	350	0	7	7	0	210	69	47	0	4
Haole's Menehune Blended (BK)	580	0	12	12	0	350	115	79	0	6
Haole's Revenge (S)	170	60	7	4.5	25	90	20	9	0	7
Haole's Revenge (M)	240	70	10	6	30	115	32	18	0	8
Haole's Revenge (L)	320	70	11	7	30	140	47	30	0	9
Haole's Revenge Blended (M)	360	0	7	7	0	220	72	50	0	4
Haole's Revenge Blended (L)	600	0	12	12	0	360	118	82	0	6
Italian Soda (M)	250	0	0	0	0	0	63	63	0	0
Italian Soda (BK)	430	0	0	0	0	0	109	109	0	0
Iced Café Latte (M)	110	50	6	3.5	20	80	10	0	0	6
Iced Café Latte (BK)	150	70	8	4.5	25	110	13	0	0	8
Jitter Juice (S)	150	60	7	4	25	90	17	6	0	7
Jitter Juice (M)	220	70	8	4.5	30	115	31	18	0	8
Jitter Juice (L)	270	80	9	5	30	140	41	24	0	9
Jitter Juice Blended (M)	360	0	7	7	0	220	72	50	0	4
Jitter Juice Blended (BK)	600	0	12	12	0	350	118	82	0	6
Kreme de Kona (S)	200	60	8	5	25	100	27	15	0	7
Kreme de Kona (M)	270	70	10	6	30	130	39	25	0	8
Kreme de Kona (L)	340	80	11	7	30	160	52	34	0	9
Kreme de Kona Blended (M)	340	0	7	7	0	220	66	44	0	4
Kreme de Kona Blended (BK)	580	0	13	13	0	370	112	76	0	6
Lava Java Mocha (S)	150	60	7	4	25	90	18	8	0	7
Lava Java Mocha (M)	210	70	8	4.5	30	115	29	15	0	8
Lava Java Mocha (L)	280	80	9	5	30	140	43	27	0	9
Lava Java Mocha Blended (M)	360	0	7	7	0	220	72	50	0	4
Lava Java Mocha Blended (BK)	580	0	12	12	0	350	115	79	0	6
Macaroon (S)	170	60	6	3.5	25	80	21	12	0	7
Macaroon (M)	240	70	8	4.5	30	100	35	23	0	8
Macaroon (L)	300	70	8	5	30	120	49	35	0	9
Macaroon Blended (M)	360	0	7	7	0	200	72	50	0	4
Macaroon Blended (BK)	590	0	12	12	0	340	117	81	0	6
Menehune Mocha (S)	150	60	7	4	25	90	17	6	0	7
Menehune Mocha (M)	200	70	8	4.5	30	115	26	12	0	8
Menehune Mocha (L)	260	80	9	5	30	140	28	21	0	9
Menehune Mocha Blended (M)	360	0	7	7	0	220	72	50	0	4
Menehune Mocha Blended (BK)	600	0	12	12	0	360	118	82	0	6
Monkey Mocha (S)	200	60	7	4	25	95	29	18	0	7

NUTRITIONAL INFORMATION

	Calories	Cal. from Fat	Total Fat	Sat. Fat	Cholesterol	Sodium	Tot Carbs	Sugars	Fiber	Protein
Monkey Mocha (M)	280	70	8	4.5	30	120	47	33	0	8
Monkey Mocha (L)	330	80	9	5	30	150	56	39	0	9
Monkey Mocha Blended (M)	360	0	7	7	0	210	72	50	0	4
Monkey Mocha Blended (BK)	600	0	12	12	0	350	118	82	0	6
Nutty Irishman (S)	160	60	6	3.5	25	80	19	9	0	7
Nutty Irishman (M)	240	70	8	4.5	30	100	35	23	0	8
Nutty Irishman (L)	280	70	8	5	30	110	45	32	0	8
Nutty Irishman Blended (M)	360	0	7	7	0	200	72	50	0	4
Nutty Irishman Blended (BK)	590	0	12	12	0	340	117	81	0	6
Onolicious Mocha (S)	160	60	7	4	25	90	19	9	0	7
Onolicious Mocha (M)	220	70	8	4.5	30	115	31	18	0	8
Onolicious Mocha (L)	280	80	9	5	30	140	43	27	0	9
Onolicious Mocha Blended (M)	360	0	8	8	0	220	69	47	0	4
Onolicious Mocha Blended (BK)	580	0	13	13	0	370	112	76	0	6
Oodalolly (S)	180	60	7	4.5	25	90	21	10	0	7
Oodalolly (M)	250	70	9	6	30	110	34	21	0	8
Oodalolly (L)	330	70	11	7	30	140	49	32	0	9
Oodalolly Blended (M)	360	0	7	7	0	220	72	50	0	4
Oodalolly Blended (BK)	600	0	12	12	0	350	118	82	0	6
Pecan Pie (S)	170	60	6	3.5	25	81	21	12	0	7
Pecan Pie (M)	240	70	8	4.5	30	100	35	23	0	8
Pecan Pie (L)	300	70	8	5	30	110	48	35	0	8
Pecan Pie Blended (M)	360	0	7	7	0	210	72	50	0	4
Pecan Pie Blended (BK)	590	0	12	12	0	350	117	81	0	6
Polar Bear (S)	260	70	11	7	30	120	32	18	0	8
Polar Bear (M)	370	100	16	10	45	170	44	24	0	12
Polar Bear (L)	510	140	21	14	60	230	63	36	0	16
SUGAR FREE (S)	120	60	6	3.5	25	80	10	0	0	7
SUGAR FREE (M)	150	70	8	4.5	30	100	12	0	0	8
SUGAR FREE (L)	170	70	8	5	30	120	15	0	0	9
SUGAR FREE (BK)	240	110	12	7	45	160	20	0	0	12
Snickerlicious (S)	190	60	7	4	25	95	26	15	0	7
Snickerlicious (M)	250	70	8	4.5	30	120	38	24	0	8
Snickerlicious (L)	310	80	9	5	30	150	50	33	0	9
Snickerlicious Blended (M)	370	0	8	8	0	220	72	50	0	4
Snickerlicious Blended (BK)	600	0	13	13	0	370	118	82	0	6
Toffee Bar (S)	170	60	7	4	25	90	21	11	0	7
Toffee Bar (M)	230	7	8	4.5	30	115	34	21	0	8
Toffee Bar (L)	300	80	9	5	30	140	49	33	0	9
Toffee Bar Blended (M)	380	0	7	7	0	220	75	53	0	4
Toffee Bar Blended (BK)	600	0	12	12	0	350	118	82	0	6
Vanilla Nut (S)	160	60	6	3.5	25	80	19	9	0	7
Vanilla Nut (M)	240	70	8	4.5	30	100	35	23	0	8
Vanilla Nut (L)	300	70	8	5	30	110	48	35	0	8
Vanilla Nut Blended (M)	360	0	7	7	0	200	72	50	0	4
Vanilla Nut Blended (BK)	590	0	12	12	0	340	117	81	0	6
Bad Ass Spiced Chai (S)	230	30	5	2	15	110	42	40	0	7
Bad Ass Spiced Chai (M)	250	50	6	3	20	115	48	42	0	8
Bad Ass Spiced Chai (L)	280	70	8	4	30	125	55	50	0	9
Bad Ass Spiced Chai Blended (M)	350	150	17	11	50	240	55	50	0	4
Bad Ass Spiced Chai Blended (BK)	400	220	21	15	55	265	65	60	0	6
Hot Chocolate (S)	325	100	13	8	45	140	40	35	2	12
Hot Chocolate (M)	400	150	16	10	50	170	50	43	4	14
Hot Chocolate (L)	500	170	19	12	60	210	66	57	5	18